



Information Sheet

YOUR GUIDE TO USEFUL CONTACTS

Age UK

Provides information to older people, their families and those who work with them on issues such as housing, health and finance.
0800 169 6565 www.ageuk.org.uk

Age Cymru

Provides information to older people in Wales, their families and those who work with them on issues such as housing, health and finance.
0800 169 6565 www.ageuk.org.uk/cymru

Alzheimer's Society

Provides practical services and support for people with dementia and their carers.
0845 300 0336 www.alzheimers.org.uk

Army Benevolent Fund

Provides financial support to soldiers, former soldiers and their families in times of need.
0845 241 4820 www.armybenfund.org

Care & Social Services Inspectorate Wales (CSSIW)

Regulates and inspects care services in Wales.
01443 848450 www.cssiw.org.uk

Care Quality Commission (CQC)

Inspects and reports on care services in England.
03000 616161 www.cqc.org.uk

Citizens Advice Bureau (CAB)

Provides free information and advice about legal, money and other problems. Look in the phone book for your local CAB. www.citizensadvice.org.uk

Civil Service Benevolent Fund

Provides help to families of deceased Civil Servants.
0800 056 2424 www.csbf.org.uk

Counsel and Care

Provides advice, information and financial support to older people, their families and carers.
0845 300 7585 www.counselandcare.org.uk

Elderly Accommodation Counsel

Helps older people make informed choices about their housing and care needs.
020 7820 1343 www.housingcare.org

Elizabeth Finn Care

Helps older people who struggle to cope financially.
020 7396 6700 www.elizabethfinncare.org.uk

NAPA (National Association for the Providers of Activities for Older People)

Provides information about activities in care homes.
020 7078 9375 www.napa-activities.co.uk

NHFA

Provides advice to older people and their families on all the financial implications of paying for care.
0800 99 88 33 www.nhfa.co.uk

NHS Direct

Telephone and e-health information day and night.
0845 4647 www.nhsdirect.nhs.uk

Parkinson's Disease Society

Supports people with Parkinson's and their families.
0808 800 0303 www.parkinsons.org.uk

Relatives and Residents Association (R&RA)

Provides advice and support to older people needing or living in care and to their families and friends.
020 7359 8148 www.relres.org

Royal British Legion

Provides support to those who have served and are serving in the Armed Forces and their dependants.
08457 725 725 www.britishlegion.org.uk

SSAFA (Soldiers, Sailors, Airmen & Families Association)

Provides support for those serving or who have served in the Armed Forces, served and their families.
0800 731 4880 www.ssafa.org.uk

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Stroke Association

Gives support and information to people who have had a stroke and their families.

0845 3033 100

www.stroke.org.uk

Other Masonic Charities and Organisations

The Freemasons' Grand Charity

A grant-making charity, to support people in need.

- Masonic Grants: for Masons and their families who are experiencing hardship.
- Non-Masonic Grants: supporting national charities.
- Other Masonic Charities: when justifiable needs arise, support for the other Masonic charities.

The Grand Charity also operates the Relief Chest Scheme, which helps Masonic organisations maximise the value of the funds they collect.

020 7395 9261

www.grandcharity.org

Masonic Samaritan Fund (MSF)

The Masonic Samaritan Fund is a grant making charity that supports Freemasons and their dependants who have an identified medical need and, faced with a long wait for treatment, are unable to afford their own private care.

020 7404 1550

www.msfund.org.uk

Royal Masonic Trust for Girls and Boys

Assists Masonic families with financial hardship, by providing ongoing financial support to relieve poverty and advance education. The Trust also funds TalentAid for gifted young people from Masonic families and Choral Bursaries for young choristers. There are many other smaller funds that can help.

020 7405 2644

www.rmtgb.org

Masonic Housing Association

Provides sheltered housing for older people, in self-contained flats in purpose built schemes. They benefit from a Resident Warden/Manager and have communal facilities including lounges, gardens and well-equipped laundries. If you require further information, please contact the scheme directly.

Hamilton Court South Woodham Ferrers, Essex
Resident Warden – Mrs Sue Walters, **01245 323743**

Palmer Court Wellingborough, Northamptonshire
Scheme Manager – Mrs Jill Lett, **01933 273140**

Prebendal Close Aylesbury, Buckinghamshire
Warden – Mrs Margaret Farrow, **01296 433511**

Reading Court Stratford Upon Avon, Warwickshire
Warden – Mrs Pam Jowers, **01789 297301**

Wilson Keys Court Rugeley, Staffordshire
Warden – Mrs Jayne Thacker, **01889 576544**

United Grand Lodge of England (UGLE)

020 7831 9811

www.ugle.org.uk

Metropolitan Grand Lodge (MGL)

020 7539 2930

www.metgl.com

Grand Lodge of Scotland

0131 225 5577

www.grandlodgescotland.com

How to contact us

Royal Masonic Benevolent Institution

60 Great Queen Street
London
WC2B 5AZ

Phone. 020 7596 2400

Fax. 020 7404 0724

Email. enquiries@rmbi.org.uk

Web. www.rmbi.org.uk