

A care home can combine freedom from the stresses of keeping up a home, with the security of knowing that your needs will be met. For some people it not only provides better care, but also brings a new lease of life – free from the worries of trying to cope alone.

Choosing a care home is like choosing any other place to live. That is why the RMBI believes in treating everyone as an individual to find the right home for you.

We understand that it can be a stressful time for family and relatives when their loved one moves into a care home, as it's a whole new experience for everyone. We hope this leaflet will give you some useful information to help you along the way.

"I am very happy here and enjoy living with friends I have made and being looked after by such wonderful people."

A resident at the Home



Scarborough Court

How to find us

By train

Newcastle Central Station - 10 miles
Taxis are available from the station
Cramlington Station - 2 miles
Hourly service from Newcastle Central to Cramlington
No service on Sundays

By bus

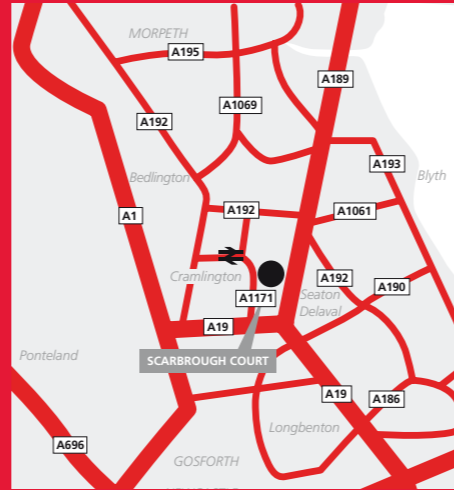
A number of buses from Haymarket bus station pass the Home. Journey time is 20 minutes to Dudley Road. (To get to Haymarket bus station, either walk from Newcastle Central station – a 20-minute walk – or take the Metro train.)

By car

From the A1
Follow the A1 take the slip road to the A19, signposted to Cramlington/Tyne Tunnel. At the roundabout, take the third exit to the A19, signposted to Cramlington/Tyne Tunnel. Exit at the first slip road signposted to Cramlington A1171. Go straight over the next two roundabouts, passing Alexandra Park on the right and Cramlington High School on the left. At the next roundabout, take the third exit into Northumbrian Road and immediately take the first left into Alexandra Way. Follow the road and take the right fork into the grounds of the Home.

From the A19

Once through the Tyne Tunnel, follow the A19 for 6½ miles until the roundabout (at the junction with the A189). Take the third exit, continuing on the A19. After ½ mile, take the slip road signposted to Cramlington, and get into the right lane as you approach the junction. Turn right onto the A1171 signposted to Cramlington. Go straight over the next two roundabouts, passing Alexandra Park on the right and Cramlington High School on the left. At the next roundabout, take the third exit into Northumbrian Road and immediately take the first left into Alexandra Way. Follow the road and take the right fork into the grounds of the Home.



Scarborough Court

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Registered Charity No. 207360

Scarborough Court is regulated by the Care Quality Commission. www.cqc.org.uk



Rebuilt and opened in the summer of 2008, Scarbrough Court is a state-of-the-art Home. Built using the latest environmentally-friendly technologies, it provides high-quality and exceptional care.

The Home has been transformed to exceed the latest Government guidelines and legislation on size, accessibility and facilities and is 'future-proofed' to ensure that residents remain in the highest level of comfort and luxury for many years to come. The Home has beautifully designed communal areas, an impressive roof garden and landscaped grounds.

Scarbrough Court is registered to provide residential and nursing care. The categories of care offered depend on people's assessed individual needs.



What's nearby

Town centre

Cramlington – one mile
Newcastle – 10 miles

Places of interest

Within a 15 mile radius there are many historical sites and local beaches

Hospital

Wansbeck Hospital, Ashington – 6 miles

Rail station

Cramlington – 2 miles

Here is a snapshot of our services at Scarbrough Court



General facilities and services available

The RMBI aims to create a home rather than an 'institutional-style' environment, both inside and out. Scarbrough Court can accommodate up to 55 residents providing both residential and nursing care in large single ensuite bed-sitting rooms. All rooms are centrally heated, with large, low windows and points for TV and telephone. Residents may furnish their own rooms with small items of furniture if they wish, provided that the furniture meets the required safety standards.

On each corridor there are bath facilities especially adapted for safe usage so that residents can maintain their independence in a safe environment. Small kitchens are available where residents and visitors can make drinks and snacks.

Lift – Yes

Wheelchair access – Yes

Parking on-site – Yes

Transport – Car and minibus

Music – Stereos

Religion – Monthly service held at the Home

Other – Laundry is done for residents

Leisure and personal care

Scarbrough Court offers a wide range of recreational facilities. A full programme of activities is organised by our Activities Co-ordinators and includes concerts, shopping trips, quizzes and visits to various places of interest.

The Home has its own Pamper Room – Reflections - incorporating a hairdressing salon and therapy room where residents can enjoy pampering from professional staff.

In-room

- Phone point – Yes. Phonenumber at own cost
- Television point – Yes
- Call bells – Yes. Help available 24 hours

Other services available

Doctor – By arrangement

Chiropodist – By arrangement

District nurse – By arrangement

Physiotherapist – By arrangement

Dentist – By arrangement

Optician - By arrangement

Food and drink

The chefs at Scarbrough Court create a varied menu, ensuring residents have a choice of meals and maintain a healthy and balanced diet. Meals are served in the main dining room, although residents may occasionally take meals in their rooms. If residents have special dietary requirements, these can also be met. Residents' family and friends are also encouraged to dine with us – at a small charge.

"I am very happy with the home and the care of my mum."

Relative of a resident at the Home

Funding arrangements

Residents who choose an RMBI Home have the security of knowing that they have a home for life regardless of any changes to their financial circumstances, as long as we can cater for their particular care needs.

Our services are available to people with both private and public funding. Please read the information pack for further details.

