

A care home can combine freedom from the stresses of keeping up a home, with the security of knowing that your needs will be met. For some people it not only provides better care, but brings a new lease of life – free from the worries of trying to cope alone.

Choosing a care home is like choosing any other place to live. That is why the RMBI believe in treating everyone as an individual to find the right home for you.

We understand that it can be a stressful time for family and relatives when their loved one moves into a care home, a whole new experience for everyone. We hope this leaflet will give you some useful information that will help you along the way.

*“The staff are warm, friendly and welcoming.”*

*A resident at the Home*



## How to find us

**By train**  
Bournemouth - 3 miles

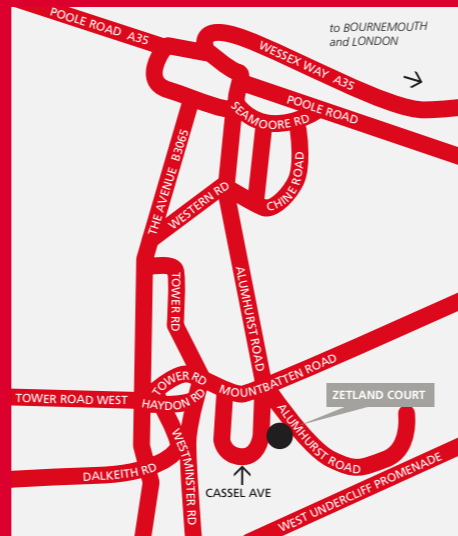
**By bus**  
Take bus number 24 from the bus stop located at Bournemouth train station. The number 24 stops outside the Home, ask for Beaulieu Road, Westbourne.

**By car**  
From London/Southampton. Follow M3 to Junction 1, then join M27. Follow signs to Bournemouth and The West. M27 becomes A31, follow A31 for 11½ miles.

At the Ashley Heath roundabout, turn left onto A338 (signposted to Bournemouth). Keep on this road and after the Richmond Hill turn off, get into the right-hand lane. The road becomes a single lane leading up to the County Gates Gyratory (a large roundabout with the Liverpool Victoria building on it). Stay in the left-hand lane (marked Westbourne) and take the second exit onto B3065 (The Avenue) signposted to Sandbanks and Compton Acres.

At the first traffic lights, turn left into Western Road and at the roundabout, turn right into Alumhurst Road. After about ½ mile, turn right into Mountbatten Road.

The Home is immediately on the left.



**Zetland Court**  
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Westbourne  
Bournemouth BH4 8HU  
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[www.rmbi.org.uk](http://www.rmbi.org.uk)

Registered provider: Royal Masonic Benevolent Institution, 60 Great Queen Street, London WC2B 5AZ  
Registered Charity No. 207360

Zetland Court is regulated by the Care Quality Commission. National Correspondence: Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA Telephone: 03000 616161

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# Zetland Court



Built in the 1840s, this magnificent house was redesigned and refurbished in the early 1980s. It is situated in its own grounds, a short walk from the beach in a peaceful area of Westbourne, near Bournemouth. The grounds are beautifully landscaped and well-maintained, providing pleasant areas to sit and walk with sufficient space for disabled access.

Zetland Court is registered for residential and nursing care with the dual benefits of individual rooms and shared communal areas. The categories of care offered are dependent upon people's assessed individual needs.

### What's nearby

**Town Centre**  
Bournemouth 2 miles

**Local shops**  
Westbourne 1 mile

**Places of Interest**  
Sandbanks Peninsula  
Compton Acres  
New Forest

**Hospital**  
Royal Bournemouth Hospital  
5 miles  
Poole Hospital 3 miles

**Rail station**  
Bournemouth 3 miles

Here is a snapshot of our services at Zetland Court:

### General facilities and services available

The whole premise of the RMBI is to create a home rather than an 'institutional style' environment, both inside and out. Zetland Court can accommodate up to 63 residents providing both residential and nursing care. All rooms are centrally heated and some are en-suite, a small number of double rooms are available for married couples. Residents may furnish their own room with small items of furniture if they wish, provided that the furniture meets the required safety standards.

On each corridor there are bath/shower facilities especially adapted for safe usage so that residents maintain their independence in a safe environment. Kitchenettes are available where residents can make drinks and snacks for themselves or their visitors.

- Lift – Yes
- Wheelchair access – Yes
- Parking on-site – Yes
- Transport – Minibus and adapted car
- Music – Piano and organ
- Religion – Monthly communion and visiting priests
- Other – Laundry is done for residents

### Health and personal care

Zetland Court offers a wide range of recreational facilities including a fully stocked library with a range of books to suit many needs.

A full programme of activities is organised by our Activities Co-ordinators and includes concerts, shopping trips, quizzes and visits to various places of interest.

The Home has its own hairdressing salon where residents can enjoy pampering from a professional hairdresser.

### In-room

- Phone point – calls charged at cost
- Television point available
- Call bells – help available 24 hours

### Other services available

- Doctor – Weekly visits
- Chiropodist – Visits fortnightly
- District Nurse – By arrangement
- Physiotherapist – By arrangement
- Optician – Visits regularly

### Catering

The chefs at Zetland Court create a varied menu, ensuring residents have a choice of meals and maintain a healthy and balanced diet. Meals are served in the main dining room, although residents may occasionally take meals in their rooms. If residents have special dietary requirements, these can also be met. Residents' family and friends are also encouraged to dine – at a small charge.

### Funding arrangements

Residents who choose an RMBI Home have the security of knowing that they have a home for life regardless of any changes to their financial circumstances, as long as we can cater for their particular care needs.

Our services are available to people with both private and public funding. Please read the information pack for further details.

*"I cannot praise the staff at Zetland Court enough, always friendly and courteous, they extend their care and concern to the family."*

Relative of a resident at the Home

