

A care home can combine freedom from the stresses of keeping up a home, with the security of knowing that your needs will be met. For some people it not only provides better care, but brings a new lease of life – free from the worries of trying to cope alone.

Choosing a care home is like choosing any other place to live. That is why the RMBI believe in treating everyone as an individual to find the right home for you.

We understand that it can be a stressful time for family and relatives when their loved one moves into a care home, a whole new experience for everyone. We hope this leaflet will give you some useful information that will help you along the way.

“I have been very impressed with the Home. The staff are kind and caring and the Home is clean and welcoming.”

A relative of a resident at the Home



Cadogan Court

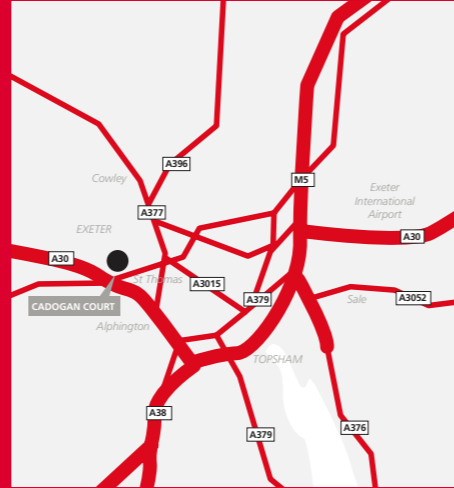
How to find us

By train
Exeter St. Davids - 2 miles

By bus
From the High Street, take Bus 'P' to Barley Lane
The Coach station is in Paris Street
(200 yards from the High Street)

By car
From the North
Take M5 to Exeter. Continue on M5 west bound, cross River Exe and take A30 signed Okehampton. Follow A30 for one mile to first exit signed Exeter/Alphington/Ide. Take first exit on roundabout. Continue to T junction and turn right to go up the hill. At the top of the hill, you will see a shop to the right, turn left. Cadogan Court is on your left on Barley Lane

From West Devon and Cornwall
On the A30 exit at Alphington. Go through the roundabout, away from the city and take the third exit towards Ide. Continue to the T junction and turn right up the hill. At the top of the hill, you will see a shop on your right, turn left. Cadogan Court is on your left, on Barley Lane



Cadogan Court
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Registered Charity No. 207360

Cadogan Court is regulated by the Care Quality Commission. National Correspondence: Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA Telephone: 03000 616161



Purpose-built in 1986 and refurbished in 2005, the Home is situated on the outskirts of the historic city of Exeter with views over the city to the Cathedral. It is within easy reach of Dartmoor, Exmoor and the nearby seaside towns. The Home is surrounded by well-maintained gardens, which have disabled access, and a number of seating areas.

Cadogan Court is registered for residential and nursing care with the dual benefits of individual rooms and shared communal areas. The categories of care offered are dependent upon people's assessed individual needs.

What's nearby

Town Centre

Exeter 2 miles

Local shops

St Thomas ½ mile

Places of Interest

Cinema, theatre and concerts

Exeter 2 miles

Cathedral 2 miles

Exmouth and Dawlish

beaches 12 miles

Hospital

Royal Devon & Exeter

Hospital 2 ½ miles

Rail station

Exeter St Davids 2 miles

Exeter Central 2 miles

Here is a snapshot of our services at Cadogan Court:

General facilities and services available

The whole premise of the RMBI is to create a home rather than an 'institutional style' environment, both inside and out. Cadogan Court can accommodate up to 70 residents providing both residential and nursing care in single ensuite bed-sitting rooms. All rooms are centrally heated, with points for TV and telephone. Residents may furnish their own room with small items of furniture if they wish, provided that the furniture meets the required safety standards.

On each corridor there are bath/shower facilities especially adapted for safe usage so that residents maintain their independence in a safe environment. Kitchenettes are available where residents can make drinks and snacks for themselves or their visitors.

Lift – Yes

Wheelchair Access – Yes

Parking on-site – Yes

Transport – Minibus and adapted car

Music – One stereo, TV and radio in each communal room

Religion – Ecumenical services held fortnightly

Other – Laundry is done for residents

Health and personal care

Cadogan Court offers a wide range of recreational facilities including a shop and a well stocked library with a range of books to suit many needs. A full programme of activities is organised by our Activities Co-ordinators and includes concerts, shopping trips, quizzes and visits to various places of interest.

The Home has its own hairdressing salon where residents can enjoy pampering from a professional hairdresser.

In-room

- Phone point – Yes – phonenumber at own cost
- Television point – Yes
- Call bells – Yes – help available 24 hours

Other services available

Doctor – Weekly surgery

Chiropodist – Visits monthly

District Nurse – By arrangement

Physiotherapist – By arrangement

Dentist – By arrangement

Aromatherapist – Weekly visits



Catering

The chefs at Cadogan Court create a varied menu, ensuring residents have a choice of meals and maintain a healthy and balanced diet. Meals are served in the main dining room, although residents may occasionally take meals in their rooms. If residents have special dietary requirements, these can also be met. Residents' family and friends are also encouraged to dine – at a small charge.

Funding arrangements

Residents who choose an RMBI Home have the security of knowing that they have a home for life regardless of any changes to their financial circumstances, as long as we can cater for their particular care needs.

Our services are available to people with both private and public funding. Please read the information pack for further details.

“My relative is very content at Cadogan Court. The outings and entertainment are very much appreciated. The staff are very good for my relative's morale.”

Relative of a resident at the Home

