

A care home can combine freedom from the stresses of keeping up a home, with the security of knowing that your needs will be met. For some people it not only provides better care, but brings a new lease of life – free from the worries of trying to cope alone.

Choosing a care home is like choosing any other place to live. That is why the RMBI believe in treating everyone as an individual to find the right home for you.

We understand that it can be a stressful time for family and relatives when their loved one moves into a care home, a whole new experience for everyone. We hope this leaflet will give you some useful information that will help you along the way.

“An exceptional level of care, privacy, respect and dignity is given to the residents. I find the staff extremely friendly and competent, and they endeavour to help and accommodate all that they can.”

A resident at the Home



How to find us

By train
York - 2 miles

By bus
From York station: No. 7 to Designer Outlet alight at Fulford Church
From York city centre: No. 415 from Piccadilly to Selby alight at Fulford Church

By car
From York City Centre
Take A19 south (signposted Leeds and Selby). Pass Police station on the left then pass Army barracks on the left. Immediately after traffic lights (University on left) take 1st right after short row of Victorian terraced houses into St. Oswald's Road (postbox on corner). The Home is 75 yards down on the left.

From A19 south (Selby)
At the junction with A64 continue straight ahead towards York (then see below *)

From A64 West (Leeds)
At the junction with A19 turn left towards York (then see below *)

From A64 East (Scarborough)
At the junction with A19 turn right towards York (then see below *)

From A59 (Skipton, Harrogate)
Take the York bypass A1237 west towards Leeds. At junction with A64 head towards Hull and Scarborough. Take exit A19 towards York and Selby and turn left onto A19 towards York (then see below*)

*From A19 towards York
Continue on A19 through Fulford (about ¾ mile). At traffic lights (University on right), take left hand lane and go straight ahead. After passing church on right, take first left (postbox on corner) into St. Oswald's Road. The Home is 75 yards down on the left.

Connaught Court

St Oswald's Road
Fulford

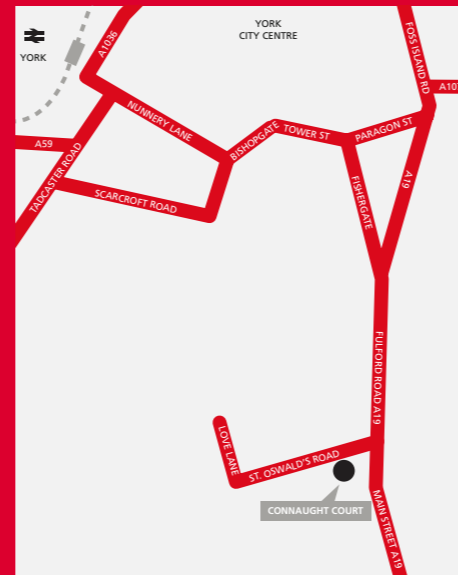
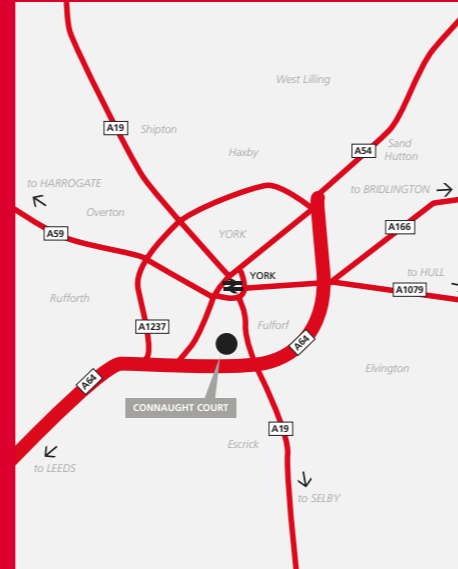
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Registered Charity No. 207360

Connaught Court is regulated by the Care Quality Commission. National Correspondence: Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA. Telephone: 03000 616161

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Connaught Court



Situated in extensive parkland close to York City Centre, the Home was purpose-built in 1971. The grounds are beautifully landscaped and well-maintained, providing pleasant areas to sit and walk with sufficient space for disabled access.

Connaught Court is registered for residential, nursing and dementia care with the dual benefits of individual rooms and shared communal areas. The categories of care offered are dependent upon people's assessed individual needs.

What's nearby

Town Centre
York 1 ½ miles

Local shops
Fulford ½ mile

Places of Interest
Cinema York 2 miles
York Minster, museums and city walls nearby

Hospital
York District Hospital 3 miles

Rail station
York 2 miles

Here is a snapshot of our services at Connaught Court

General facilities and services available

The whole premise of the RMBI is to create a home rather than an 'institutional style' environment, both inside and out. Connaught Court can accommodate up to 90 residents providing residential, nursing and dementia care in single ensuite bed-sitting rooms. All rooms are centrally heated, with points for TV and telephone. Residents may furnish their own room with small items of furniture if they wish, provided that the furniture meets the required safety standards.

The Dementia Support Unit is set in its own enclosed gardens and caters for residents with dementia requiring specialist support.

On each corridor there are bath/shower facilities especially adapted for safe usage so that residents maintain their independence in a safe environment. Kitchenettes are available where residents can make drinks and snacks for themselves or their visitors.

- Lift – Yes
- Wheelchair Access – Yes
- Parking on-site – Yes
- Transport – Car and minibus
- Music – Stereo and piano
- Religion – Chapel at the Home Services held weekly
- Other – Laundry is done for residents
- Shop – Open weekly

Health and personal care

Connaught Court offers a wide range of recreational facilities including a well stocked library with a range of books to suit many needs. Large print books and audio are also available. A full programme of activities is organised by our Activities Co-ordinator and includes concerts, shopping trips, quizzes and visits to various places of interest.

The Home has its own hairdressing salon where residents can enjoy pampering from a professional hairdresser.

In-room

- Phone point – Yes – phonenumber at own cost
- Television point – Yes
- Call bells – Yes – help available 24 hours

Other services available

- Doctor – Weekly visits
- Chiropodist – By arrangement
- District Nurse – By arrangement
- Physiotherapist – By arrangement
- Optician – By arrangement



Catering

The chefs at Connaught Court create a varied menu, ensuring residents have a choice of meals and maintain a healthy and balanced diet. Meals are served in the main dining room, although residents can have meals in their rooms if they are unwell. If residents have special dietary requirements, these can also be met. Residents' family and friends are also encouraged to dine – at a small charge.

Funding arrangements

Residents who choose an RMBI Home have the security of knowing that they have a home for life regardless of any changes to their financial circumstances, as long as we can cater for their particular care needs.

Our services are available to people with both private and public funding. Please read the information pack for further details.

"I have had my mother and three aunts in this Home and feel that all have been dealt with in a very friendly and courteous manner. The Home is excellent in every way."

Relative of a resident at the Home

