



YOUR GUIDE TO TYPES OF CARE

There will be times when some people will find it difficult to look after themselves at home. This can happen gradually, or as a result of sudden illness or accident. In many cases, it may happen after a stay in hospital.

For some people in this position, they will be able to stay at home with help from family or friends and support from Social Services and the NHS. However for many people, they may be better helped by any one of the services below:

Residential Care

Residential Care is for people who can not, or choose not to, continue living in their own home, even with support from home care services.

There is a wide range of reasons for needing this type of support. It can help you to continue living safely, whilst giving your family or carer peace of mind knowing you are in a safe and supportive environment.

Our residential care Homes will provide you with the following:

- Day to day support
- A comfortable and safe environment to live in
- Well balanced diet to maintain healthy living
- Activities of real interest and enjoyment
- Privacy and dignity
- Support for your physical, spiritual, intellectual, emotional and social needs
- Personal care – that is, assistance with getting up and going to bed, eating, washing, dressing and using the amenities that the Home has to offer

Nursing Care

Alternatively Nursing Care providing a more specialised level of support may be a better option. In the Homes that provide Nursing Care the RMBI have qualified nurses on the premises to provide specialised nursing support to our residents who need it.

The goal of Nursing Care in working with older people, is to achieve optimal health, well being and quality of life for our residents.

The same list of support for residential residents applies to nursing residents.

Dementia Care

Some RMBI Homes have a Dementia Support Unit, where specialist care is provided to people with dementia. The Dementia Support Unit staff understand the difficulties a person with dementia may experience and are able to support them and their families.

All our Dementia Support Units also have enclosed gardens so the residents can enjoy the outdoors in a safe environment.

In addition, all of our Homes can offer places to people with dementia, following an assessment of

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their needs. Please contact the Home of your choice for further information.

For more information and advice about dementia please see our factsheet, Dementia Care.

Sheltered Accommodation

Sheltered housing is specially designed accommodation which can be rented from the RMBI.

We offer a limited number of sheltered housing options which offer:

- Self-contained flats with their own kitchen and bathroom;
- 24-hour emergency assistance through an alarm scheme.

Respite Care

Respite care is also available in some RMBI Homes depending on the availability of beds. Respite care could be needed to give a carer a break from looking after their dependant, to allow time for a person to recover after a hospital stay, or to sample what it is like to live in a care home.

The RMBI works alongside the Masonic Samaritan Fund (MSF) who can offer up to four weeks funding in certain cases for respite in an RMBI Home.

How to contact us

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