

# Cadogan Court, Exeter



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Cadogan Court is regulated by the Care Quality Commission. National Correspondence: Citygate, Gallowgate, Newcastle NE1 4PA Tel: 03000 616161

RMBI Care Co. is part of the Masonic Charitable Foundation. For more information, please visit [www.mcf.org.uk](http://www.mcf.org.uk)  
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Caring is  
our way of life

[www.rmbi.org.uk](http://www.rmbi.org.uk)





# A home from home

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Situated along the outskirts of the historic city of Exeter, Cadogan Court is surrounded by landscaped gardens and stunning views over the city and Cathedral. The warm, inviting atmosphere at the Home makes you feel at ease instantly. We provide residential care, nursing and dementia support for up to 70 residents.

We want you to feel right at home with us. Here at Cadogan Court, you will have a spacious, fully furnished bedroom with an en-suite bathroom, and a specialist team to support your care needs.

Our inner courtyards provide a quiet area to sit and enjoy the smell of the flowers and residents love our outdoor spaces, especially in the warmer months.

Our on-site hairdressing salon means that you can visit the hairdressers whenever you like. We also have an aromatherapist that visits regularly for those that enjoy a treatment.





"Everything was explained fully and there were no queries left unanswered"



# What we offer

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Moving into a care home doesn't mean you have to give up your independence. We're here to help you to live the life you want, whilst knowing that support is on-hand if you need it.

### Fresh homemade food

We have a fully serviced kitchen with on-site chefs and a catering team. Our varied menu changes regularly to give you a range of meal options and a balanced diet.

### There's something for everyone

We believe that keeping active both mentally and physically allows our residents to experience wellbeing and meaningfulness.

We provide regular activities at Cadogan Court from gardening and painting, to day trips

outside the Home and gentle keep fit classes. We can also support you to continue enjoying your own hobbies and interests, and we are confident we'll have something that's just right for you.

### Invite family and friends

There are a number of indoor and outdoor spaces where you can host events with your loved ones. We can help to plan private get togethers or special occasions at the Home if you wish.

### A plan that works for you

From laundry to cleaning services and our on-site shop, we're here to make life more comfortable and enjoyable for you.

We treat everyone as individuals and we will work with you to create a care plan that meets your needs.





“The staff always do their best to make it feel like a home and my mum is as happy as she can be there”

# Our philosophy of care

Cadogan Court is operated and managed by The Royal Masonic Benevolent Institution Care Company (RMBI Care Co.) It is also regulated by the Care Quality Commission.

Caring is our way of life. As an organisation, our values are: **Kind**, **Supportive** and **Trusted**. We aim to live by these values, and this is shown throughout our work and how we treat others.

**We are Kind:** We are kind to our residents, their families and each other because we are passionate about how we deliver care. We believe that everyone should be treated with dignity and their wishes respected at all times.

**We are Supportive:** We are here to help and be supportive in our approach to care, placing residents at the heart of all we do. We treat each person as an individual, recognising the things that are important to them and working as a team to achieve this.

**We are Trusted:** We are open, honest and trusted in delivering care to Freemasons, their dependants and the wider communities. We have been supporting older people for over 170 years and we work closely with our residents, their families and each other to offer a safe environment.



# Types of care

Making the decision to move into a care home can be difficult - that's why we're here to support you every step of the way.

## Dementia Support

Cadogan Court offers residential care and dementia support for up to 59 people, and nursing care for up to 11 people.

We believe that people living with dementia can still lead an active and fulfilled life. Our staff is trained to deliver support that is individual to each person, so that they can continue to live meaningfully.

In 2017, we teamed up with Alzheimer's Society to support their Dementia Friends campaign. We are also members of Dementia Action Alliance, which connects over 150 organisations

who are working to achieve positive outcomes for people living with dementia. Working across communities and other organisations, we aim to share good practice and learn more about new models of care and support.

## Residential care

Residential care is provided for people who can no longer continue to live at home, even with support from home care services.

It can help people to live safely, whilst giving family members peace of mind, knowing that you are in a supportive environment.



## Nursing care

Our nurses are trained to deliver a more specialist level of support which promotes health and wellbeing. This type of care is for anyone who requires 24 hours support from a registered nurse.

## Short stay and respite care

Short stay breaks, including respite care, are available to people who are cared for in their own homes. They allow families or carers to have a rest from taking care of a loved one.

This can be a good option to recover after a hospital stay, or to experience what life is like at our care home.

## Palliative care

Caring for someone during the final days of their life requires specialist skills and understanding. We are committed to making sure that our end of life care respects and upholds a person's dignity and we are here to support you throughout this difficult time.





"My dad always comments that he is well looked after and that the food is very good"

# How to apply

## How to apply

If you would like to apply to live at Cadogan Court, please contact us on 01392 251 436 or email [cadogancourt@rmbi.org.uk](mailto:cadogancourt@rmbi.org.uk). Please see our **Eligibility Guide** for details about our eligibility criteria on our website.

## Funding your care

Our services are available to people with either private or public funding. Please visit [www.payingforcare.org](http://www.payingforcare.org) to find out more about your paying for care options or contact our Home Manager for advice.

## What happens next?

If you're ready to take the step to move into our Home, an assessment will be carried out to help us understand your needs and how we can support you. If a space is available and we can meet your care needs, we'll offer you a room.

We will tell you your weekly fee before moving into the Home. The fee covers accommodation, meals and care and this may change if your needs change.

We also offer short stays so you can experience life at the Home before you decide to move in. Please get in touch if you would like to find out more.

